



A publication from Jewish Family & Vocational Service ♦ Louisville, Kentucky ♦ Winter 2006



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JFVS is a non-profit human services organization that has provided services to the general and Jewish communities since 1908. Programs include:

- ❖ Adoption Services
- ❖ Career Management
- ❖ College Adviseement
- ❖ Counseling
- ❖ Klein Older Adult Services
- ❖ Multicultural Services

Did You Know...

Dr. Baer's has written extensively on topics relating to teen pregnancy, AIDS and nutrition, as well as drug and alcohol abuse.

Dr. Baer has a medical degree from Harvard and graduated magna cum laude with a B.A. in Political Science from Colorado College

Dr. Baer received Master's degrees from Harvard Graduate School of Education and from Harvard Graduate School of Arts and Sciences in Sociology.

In 2000, Dr. Baer received an honorary Doctor of Laws from Colorado College.

Law & Order Executive Producer to Speak at Feb. 28 Luncheon

On Feb. 28, 2006 a luncheon will be held at the Hyatt Regency featuring Dr. Neal Baer. A Harvard Medical School Graduate, Dr. Baer is currently the Executive Producer of the NBC series *Law and Order: SVU*, and previously wrote for and produced the hit series *ER*.

JFVS is pleased to be able to bring Dr. Baer to Louisville. Many of the clients who utilize JFVS services have concerns and issues that have been highlighted on Dr. Baer's shows. This connection of the media and social and health issues is a wonderful fit with the mission of JFVS.

The topic of his discussion will be, *How to Utilize the Media to Promote Social Change*. This topic is near and dear to the speaker's heart. Dr. Baer has won numerous awards for his public service efforts for utilizing the media to raise awareness of important health issues. He believes that he has a responsibility to deliver accurate medical information in these dramas, and can show through scientific surveys how these two series have improved public awareness of various health problems.

Some examples of Dr. Baer's accomplishments include receiving the Valentine Davies Award for 2004 from the Writers Guild of America - West, for "public service efforts in both the entertainment industry and the community at large, bringing dignity to and raising the standard for writers everywhere." In 2003, he received the Special Individual Achievement Award from the Media Project; the Leadership Award from NOFAS; the Loop Award from Lupus LA for educating the public about lupus and auto-immune diseases; and the Socially Responsible Medicine Award from Physicians for Social Responsibility for "accomplishment in crafting compelling health messages."



Tickets to the luncheon are \$40/person and can be purchased now by calling 452-6341. Sponsorship opportunities are also available.

Luncheon Forum

Dr. Neal Baer, Executive Producer

LAW & ORDER

SPECIAL VICTIMS UNIT

Ripped for the Headlines:

Utilizing the Media to Affect Social Change

**Tuesday, February 28
11:30 a.m. to 1:00 p.m.
Hyatt Regency Louisville**

**For Tickets Call
(502) 452-6341**

JFVS is always here throughout every season of your life.



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JFVS is grateful to be a recipient of

financial support from many sources

including:



From our President...



2006 will be an exciting year for JFVS. A couple of highlights include:

The strategic planning committee, chaired by Barbara Goldberg, has been gathering data from internal and external

stakeholders and is on schedule to present a draft to the Board of Directors at our April meeting.

The Weyerhaeuser Family Foundation in St. Paul, Minnesota awarded JFVS a grant to provide parent education to Somali Bantu families using trained home visitors, toys and books designed especially for this population.

On Feb. 28, JFVS will host a luncheon at the Hyatt Regency Louisville featuring Dr. Neal Baer. The newsletter features more information about this special event. Aly Goldberg and her committee, Blema Baer, Caren Carney, Helene Cooper, Sally Davis, Stuart Goldberg, Linda Goldberg, Debbie Hyman, Linda Schuster, Sandi Friedson and Brian Segal have been working very hard to ensure the success of this exciting program.

I also want to convey some thanks for end of the year events:

The JFVS Triple Chai campaign was very successful - We surpassed our goal and brought many new members into JFVS. Our annual event to thank donors and volunteers will be held on March 28.

A special thank you to Jay and Karen Klempner who sponsored a wonderful party in November benefiting JFVS and the dePaul School. It was a lot of fun and very successful.

JFVS and Temple Shalom helped 37 Jewish children have a special Hanukkah this year through the Hanukkah Helper program. Thanks to all community people who sponsored a child.

I appreciate all of the efforts and hard work that JFVS Staff and Board do on behalf of the agency. If you would like to become involved, please email me at lowellkatz@jfvs.com

Sincerely,

Lowell D. Katz, M.D.

From our Executive Director...



JFVS is always here throughout every season of your life. We are proud to provide services to people at every stage of their lifecycle. Frequently people utilize our services at one stage, then return later with new needs and concerns.

One of the greatest needs that occurs at various stages of the lives of individuals and families in our community is the need for food.

Therefore, from March 1 through April 30, JFVS will be participating in the Feinsein Challenge. During this time period, Alan Feinstein, a Rhode Island philanthropist, will match donations to the JFVS Food Pantry, whether these donations are cash or canned goods. Your donations will directly help someone in our community today and will also bring more funds for the future.

Donating to the food pantry is a good example of how individuals, families or other organizations can partner with JFVS to make a difference in the lives of others and enable us to expand our services.

Here are some examples of the generous and creative contributions made during Thanksgiving and Hanukkah. Sonny Meyer graciously donated 20 turkeys, which were distributed, along with other holiday foods, to Jewish families in our community.

Temple Shalom collaborated with JFVS again to organize Hanukkah Helpers, providing 37 Jewish children new clothing, toys, and accessories. Joan Sonnheim and Sharon Ran, chairpersons, filled huge containers with items wrapped and decorated with love. The JFVS Family Mitzvah participants created wrapping paper and cards that were enclosed with the gifts.

Debbie and Larry Hyman donated Hanukkah candles to go along with menorahs for each of the families.

Adath Jeshuran preschool adopted three families and delivered wonderful gifts to JFVS for distribution. Many local families and chavurah groups participated as well, either picking up Hanukkah Helper dreidls at Temple Shalom or receiving information about a family's needs from JFVS.

The food pantry filled with items from the High Holiday drives at the Temple, Temple Shalom and Keneseth Israel providing extra food for many families, too.

These acts of tzedakah can continue throughout the year. Please let me know if you or your organization would like to work with us. Our staff can work with you to customize something that fits your needs as well as those of our clients.

Sincerely,

Judy Freundlich Tiell

JFVS to Hold a Benefit Event in May to Honor New Americans

On Thursday evening, May 11, the first annual *Salute to New Americans* will be held to recognize outstanding individuals who have made a significant contribution in their field and/or community. Secretary of Labor Elaine Chao will be the honorary chair. JFVS has chosen to honor New

Americans because we believe the recognition of their contributions expresses the heart and soul of the organization, which was founded in 1908 to provide financial, educational and health care needs to new Jewish immigrants from Eastern Europe. To serve on the event committee, contact Beverly Bromley at 452-6341, ext. 223. Sponsorship opportunities also available.

Job Seekers Have A New Resource at JFVS

Unemployed, under-employed, and those just unhappy with their jobs now have one more community resource.

The *Job Seekers Resource Group* meets every Thursday from 11:30 a.m. to 1:00 p.m. at JFVS. Run by JFVS career adviser, Leslie Sanders, this group will provide participants the opportunity to network as well as learn basic job search skills. Periodic guest speakers, such as human resource professionals, will provide additional job search tips.

New topics will be discussed each week, such as:

Identifying Job Leads

Organizing Your Job Search

Effective Interviewing

Creating a Professional Portfolio.

“Many have looked for jobs and know it can be challenging. Our goal is to provide job seekers new avenues to explore and the support of professionals and others going through a similar process,” said Leslie.

There is no charge to attend any session and you may start at any time. For more information contact Leslie Sanders at (502) 452-5341ext. 334 or lesliesanders@jfv.com.



SAVE THE DATE



SAVE THE DATE

JFVS Autumn Scrapbook

Volunteers Gather to Enhance Donated Hanukkah Gifts

On Dec. 4, 2005, JFVS Family Mitzvah committee ensured that everyone had fun making colorful cards and wrapping paper. These items were used with the Hanukkah Helper gifts that people from the community donated to Temple Shalom and JFVS for its annual program. This year 37 children received new clothing, toys and accessories at Hanukkah.



Sarah Schwartz



Alex Koby



Gregory & Eric Welenken



The gifts were piled high and once delivered made the holiday season a little easier for several Louisville Jewish families.

P.A.L.S. Benefits Clients and Volunteers

Both volunteers and clients are benefiting from the Senior P.A.L.S. Program. Passport Around Louisville Service is a program organized by JFVS that utilizes volunteers to take seniors who are mobile, but can no longer drive.

215 rides were provided to seniors in 2005. Rides are offered Monday through Friday in the daytime only. Individuals can volunteer to drive only one time each month and they can pick the times that work best in their schedule.

MORE VOLUNTEERS ARE NEEDED!!!



PALS Drivers: (front row) Judy Robbins, Marcia Jacobs, Madilyn Guss. (back row) Sidy Rosenberg, Shari Cohen, Debbie Friedman, Sue LaSalle; Donald Guss

PALS Drivers Not Pictured:

Barbara Goldberg, Jody Katz, Nancy Gilman, Jerry Fleischer, Bonnie Walker, Mark Smith, Aly Goldberg, Cantor Paula Pepperstone, Stephi Wolff, Minda Schwartz, Jeanne Fass, Donald Stern, Diana Schmied



Special thanks to Stock Yards Bank & Trust for sponsoring this issue of *Seasons*. For more information about Stock Yards Bank & Trust, contact Cheryl Carl at (502) 625-9167 or visit their web site at www.syb.com.

Upcoming JFVS Programs

Alzheimer's Workshop - will meet at JFVS on Thursdays, March 2 through 23 from 7 to 9 p.m. Caregivers of individuals with Alzheimer's or Dementia will receive training on disease management and self-care.

Cancer Support Group - meets at JFVS the 2nd Wednesday of each month at Noon. Please bring your lunch.

Caregiver Support Groups - meet at locations in Jefferson and surrounding counties. One group meets at JFVS the 4th Thursday of the month at 7 p.m. These groups help adult children of aging parents learn about community resources and ways to balance their needs with those of aging relatives.

Family Mitzvah Passover Event - Families are invited to decorate and stuff bags full of Passover food at JFVS on March 26 from 12:30 to 2 p.m. Food is being collected at various Jewish synagogues/agencies and at JFVS from now until the event.

Job Seekers Resource Group - meets every Thursday at JFVS from 11:30 a.m. to 1 p.m. Job seekers have the opportunity to network as well as learn basic job search skills from an experienced career advisor. This workshop is free. You may bring your lunch.

Louisville Adoption Fair - held at the U of L Campus on Feb. 5 from 1 to 4 p.m. Workshops will focus on adoption basics, international adoption; adopting older children; and support services.

Medicare Part-D Workshop - will meet at JFVS on March 1 at 2 p.m. Michelle Wade from Kentuckiana Planning & Development Agency will speak about eligibility, how to choose a plan that's right for you, penalties for late enrollment, and more. Please RSVP.

Parents of Children with Learning Differences - Jewish Support Group - will meet at the Temple on Jan. 29 at 4 p.m. The topic will be "How to Help Your Child in Social Situations"

Parents of Children with Diabetes Group - NEW - JFVS is establishing a support group for parents of children with diabetes. Contact Judith Cumbler at ext. 231 or judithc@jfvs.com.

Parkinson Support Group - Friends of and people with Parkinsons will meet at JFVS the 2nd Wednesday of each month at 11 a.m.

Micro-Business Planning and Career Planning Classes - will be starting for refugees and immigrants interested in micro-business and career planning and development. Call for more information.

Retirement Support Group - meets at JFVS the 3rd Thursday of the month from 11 a.m. to Noon. Participants will explore and share experiences of retirement while finding ways to enrich it.

SAT Preparation Workshop - Choose one of the following sessions: Winter: Monday evenings Jan. 30 - March 20. Spring: Monday and Tuesday evenings March 27- April 2, skipping the week of Spring Break. Or Summer: Monday evenings June 19 - Aug. 7. The cost for either workshop is \$150 (including textbooks). Limited to 20 students. Call for early registration discounts.

**For More Information
Call JFVS (502) 452-6341**



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