

Upcoming JFVS Programs

Arthritis Medication Management Workshop- Thursday, April 6, at 10:30 am at JFVS. Barbara Parker from the Arthritis Foundation and Hilary Bornstein Pohn, pharmacist, will be our featured speakers. All attendees will automatically be entered for door prizes and refreshments will be served. This program is free and is open to the public. Contact Shelley Kahn at ext.103 or skahn@jfvs.com.

Cancer Support Group - meets at JFVS the 2nd Wednesday of each month at noon. Please bring your lunch. Contact Judith Cumbler at ext. 231 or judithc@jfvs.com.

Caregiver Support Group – meets at locations in Jefferson and surrounding counties. One group meets at JFVS the 4th Thursday of the month at 7 pm. These groups help adult children of aging parents learn about community resources and ways to balance their needs with those of aging relatives. Contact Mauri Malka at ext. 250 or maurim@jfvs.com.

Parkinson Support Group - meets at 11:00 am on the second Wednesday of each month at JFVS. Contact Marilyn Bornstein ext. 278.

Healthy Relationships - For Parents of Middle School Students - Sunday, April 23 at 10:00 am at JFVS. Will focus on topics such as peer pressure, bullying and conflict resolution and dating. Contact Judith Cumbler at ext. 231 or judithc@jfvs.com.

Job Seekers Resource Group - meets every Thursday at JFVS from 11:30 am - 1:00 pm. Job seekers will have the opportunity to network as well as learn basic job search skills from an experienced career advisor. This workshop is free. You may bring your lunch. Contact Leslie Sanders at ext. 334 or lesliesanders@jfvs.com.

Parents of Children with Diabetes Group - NEW - JFVS will be establishing a support group for parents of children with diabetes. Contact Judith Cumbler at ext. 231 or judithc@jfvs.com.

Parents of Children with Learning Differences – Jewish Support Group- will meet Wednesday, April 26 at 12 noon at JFVS. The topic will be “Plan for the Summer.” Contact Judith K. Cumbler, ext. 231 for information.

Advance Directives, Health Care Surrogates and Ethical Wills Workshop - Thursday June 1, at 1:00 pm. Karen Pierce from Hospice and Palliative Care of Louisville and Rabbi Rabbi Nadia Sirtsy from The Temple will be featured speakers for this event. Please RSVP by calling 452-6341.

Retirement Group - meets 11:00 am - noon on the third Thursday of each month. A support group for discussing the emotional implications of transitioning into retirement. Those who are retired, soon-to-be retired and family members are welcome to participate. Contact Tom Haffner at ext. 226 or thaffner@jfvs.com

Summer S.A.T. Preparation Workshop - Monday evenings, June 19-August 7, 7-9:00 pm at JFVS. Workshop Fee: \$150 includes two latest edition textbooks. Register before June 9th for a \$10 discount. Class limit is 20 students. Contact Janet, ext. 222 or janetp@jfvs.com.

Multicultural Services Classes for Refugees and Immigrants -

Career Planning: Two sessions offered on Tuesday and Thursday evenings from 6-8:00 pm, Session 1 - April 25. Session 2 - May 16.

Career Search: Meets Monday and Tuesday evenings beginning April 10
Starting Your Own Business: Orientation May 2 and 4, 6-8:00 pm. Classes May 9 - July 8, 6-8:00 pm or July 25 - Sept 26, 6-8:00 pm.
For more information, contact Alane Goldstein, ext 323.

**For More Information
Call JFVS (502) 452-6341**



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SEASONS
The JFVS Newsletter

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JFVS is a non-profit human services organization that has provided services to the general and Jewish communities since 1908. Programs include:

- ❖ Adoption Services
- ❖ Career Management
- ❖ College Advisement
- ❖ Counseling
- ❖ Klein Older Adult Services
- ❖ Multicultural Services

Did You Know...

Louisville's immigrant population ranks third among the nation's 100 largest metropolitan areas for the number of new immigrants.

JFVS, through its Multicultural Services, helps people build a new life in their new home through their work, education, and integration into the community. By recognizing those individuals at the MOSAIC Awards who have succeeded in various fields, JFVS hopes to inspire others to make a positive impact on their own lives and their community.

MOSAIC Awards Salute New Americans *Honoring Your Ancestors part of JFVS Event*

Jewish Family & Vocational Service will host the MOSAIC Awards - A Salute to New Americans. The event will be held on Thursday, May 11th, starting at 5:30 pm in the Brown Hotel Crystal Ballroom. Tickets are \$100 per person.

Dr. Roberto Bolli, Yung Nguyen, Leonid Yelin, Omar Ayyash and Elizabeth Kizito Bartlett (shown below) will be honored as new or first generation immigrants and refugees who have made a significant contribution in their field and community. Special recognition also will be given to The Honorable Romano Mazzoli for his work on immigration issues. The MOSAIC award stands for **Multicultural Opportunities for Success and Achievement In our Community.**

Additionally, JFVS would like to have this event serve as a great opportunity to recognize first generation Jewish individuals who established the Jewish community in Louisville. Families can honor their ancestors who were immigrants at this event through a Patron Sponsorship.

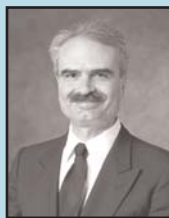
"This idea came from the event committee, many of whom had ancestors who were refugees and immigrants when they came to Louisville," commented Judy Freundlich Tiell, JFVS Executive Director. "We think it's a great opportunity to spotlight those newcomers from the past in the context of highlighting New Americans today."

Patrons will receive two tickets to the MOSAIC Awards, and a tribute will be made of their honored family member, which will be a part of a permanent memorial at the Roth Family Center. The tributes also will be a part of the video presentation the evening of the awards ceremony. Patron Sponsorships are \$500.

Serving on this event committee are Chairperson Jessica Loving, LouAnn Atlas, Terri Bass, Carol Behr, Kathy Bernson, Debbie Friedman, Julius Friedman, Sandi Friedson, Jay Klempner, Meredith Loeb, Bill Petot, Jeff Polson, Ellen Prizant, Maura Temes, and Diane Tobin.

For Patron Sponsorships or to purchase individual tickets, contact Beverly Bromley at 452-6341, ext 223 or beverlybromley@jfvs.com.

And the honorees are.....



Dr. Roberto Bolli
 UofL Director of the Institute of Molecular Cardiology, Chief Division of Cardiology & Vice Chairman for Research, Dept. of Medicine



Leonid Yelin
 Head Coach, University of Louisville women's volleyball



Yung Nguyen
 Founder & CEO of IVS, LLC.



Omar Ayyash
 Director of International Affairs, Metro Louisville



Elizabeth Kizito Bartlett
 Owner, Kizito Cookies Louisville's "Cookie Lady"



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JFVS is grateful to be a recipient of financial support from many sources including:



From our President...



These are busy times at JFVS. We are in the midst of completing a new strategic plan under the able leadership of Barbara Goldberg and committee members Mark Ament, Sandi Friedson, David Handmaker, Jay Klempner, Ron Levine, Marty Margulis, Stephanie Mutchnick, Steve Shapiro, myself and selected staff. The Board will vote on the plan at our April Board meeting, and I look forward to sharing more specifics with you in our next newsletter.

February 28th was a very special day for JFVS. Dr. Neal Baer, executive producer of *Law & Order: SVU* spoke to a sold-out crowd at the Hyatt Regency on the topic of "Utilizing the Media to Affect Social Change". The response from the community was very positive, the topic was timely and proceeds from the event will help to support our programs and services. Many thanks go to the committee, chaired by Aly Goldberg and to our title sponsor Norton Healthcare. Other committee members included Blema Baer, Caren Carney, Helane Cooper, Sally Davis, Sandi Friedson, Stuart Goldberg, Linda Goldberg, Debbie Hyman, Linda Schuster, Brian Segal and Christon Segal. We appreciate all of our major sponsors including Wave 3, Marylynn and Andrew Gladstein, Aly and Jeff Goldberg, Goldberg & Simpson, and Home Instead Senior Care.

Mark your calendars now for May 11th for the MOSAIC Awards - A Salute to New Americans. Providing programs and services for New Americans has been a part of the JFVS mission since our founding in 1908. Please read more about our 2006 honorees in the newsletter and plan to come and celebrate their accomplishments. Jessica Loving and her committee are doing an outstanding job with this event, and proceeds from this event will benefit our multicultural services and associated programs dealing with family, work, education and older adults. Special thanks go to Jewish Hospital and St. Mary's HealthCare for their title sponsorship and to WDRB Fox 41 for their media sponsorship.

Republic Bank and Trust continues to be a major sponsor for the JFVS/JCC Golf Challenge scheduled for June 19th at Chariot Run, the golf course at Caesars Indiana. Player registration forms have gone out and there are better prizes, contests and gifts. Please get involved as a sponsor, player or volunteer.

If you have any suggestions or ideas, please contact me at lowellkatz@jfvs.com or contact Judy Freundlich Tiell at jftiell@jfvs.com. We look forward to being here throughout every season of your life.

Sincerely,

Lowell D. Katz, M.D.

Happy Passover from the Board of Directors and Staff of JFVS!

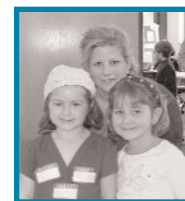
We appreciate all of the donations to help purchase Passover foods for families in our community. A special thanks to members of Adath Jeshuran who ran a Passover drive on behalf of JFVS and Andrew Frankenthal and his family who donated Passover food centerpieces from his recent Bar Mitzvah. The Family Mitzvah Project, chaired by Sally Davis, organized all of the foods and put together Passover food bags that will be distributed by JFVS.



Ellana Bessen with her children Charles, Lilly, and Julia



Pledge 13 participants Jesse Freeman and Mitchell Ford



Right - Nikki Russman with her daughter Lilli and Abigail Geller

Republic Bank Golf Tournament Kicks Off with Press Conference

The 3rd Annual Republic Bank & Trust Golf Challenge will be held Monday, June 19th at Chariot Run, the Golf Course of Caesars Indiana. Proceeds benefit Jewish Family & Vocational Service and Jewish Community Center.



At noon on May 11th, representatives from the JFVS, JCC, and Republic Bank will hold a press conference at Republic Bank. For more information regarding the press conference or to register for the event, please contact Beverly Bromley at 452-6341 x223.

Multicultural Services at Work - Meet Medina Hassan

After escaping war-torn Somalia and living 12 years in Ugandan refugee camps, Medina Sharif Hassan and her family entered the United States as refugees, first in Baton Rouge, Louisiana, then Louisville. With the help of Catholic Charities, Medina and her family have established their home and a productive life here.

Today Medina works with immigrant and refugee children in the Jefferson County Public Schools and, as a result of a Weyerhaeuser Family Foundation grant to JFVS, is now a home visitor to Somali Bantu mothers and their preschool children.

JFVS has tailored this new program specifically for Somali Bantu families based upon two programs that are proven home-based literacy and parenting programs serving families challenged by poverty, low-levels of education, language barriers and other obstacles to educational success.

In the 1990s, civil war and persecution forced the Bantus to flee to refugee camps in Kenya. Finally in 1999, the U.S. State Department agreed to give political asylum to more than 13,000 Bantus, making them the largest single group of African refugees ever admitted to the U.S.

This group of refugees has needed more help getting settled than any other refugee group. While most of the men

who can work do, women are isolated at home with children. The biggest problem is a lack of English, particularly among women. Their children also are not learning as fast as they should.

"Our program will help these mothers empower themselves as their children's first teachers by giving them the tools, skills and confidence they need to work with their children in the home," said Judith Cumbler, LCSW, who is experienced in preschool development and parenting education and oversees the program.

Medina will visit each family once a week, using selected materials to teach various concepts and developmental skills. To address language and literacy barriers, she will utilize bilingual materials and activities that parents can present in both English and their native Mai-Mai. Quarterly parent meetings and field trips will be organized to increase opportunity for social interaction and provide an

introduction to the local community.

In addition to traditional preschool educational materials and toys, JFVS plans to develop some materials specific to the language and cultural needs of the Somali Bantu children. But this program could not be accomplished without Medina's help. Cumbler sings the praises of Medina, "She's a natural teacher. We're very lucky to have her working with us."



Medina talks with JFVS counselor Judith Cumbler about hardships the Somali Bantu families face integrating into American life.

Community Foundation of Louisville Awards Grant to JFVS

The Vocational Improvement Project (VIP), a new program established through JFVS Career Services, will receive a \$20,000 grant from the Community Foundation of Louisville that pairs JFVS with the Presbyterian Community Center (PCC) to help at risk youth in the Smoketown/Shelby Park/Shepherd Square neighborhood.

Four times during the year, 35 participants will attend a series of workshops focusing on educational and vocational options, resources, planning and goal setting, and resume development and interviewing skills.

Additionally, ten participants will go through comprehensive individualized vocational evaluations, resulting in the development of a vocational action plan. These participants will acquire development assets in terms of self-esteem and sense of purpose, planning and decision making, educational commitment, and improvement in their reading skills.

Staff of the Presbyterian Community Center will coordinate the activities at their center, and JFVS staff will conduct the evaluations, workshops and consultation services. "As a result, participants will gain greater clarity and focus regarding their future vocational options," said Bob Tiell, director of JFVS Career Services, "and the PCC staff will gain skills in vocational evaluation and career planning for their constituents. Everyone wins."

JFVS Winter Scrapbook

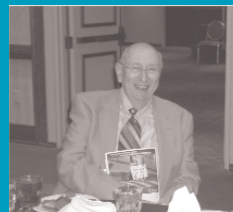
The luncheon with *Law & Order*: SVU's executive producer Dr. Neal Baer was a major success!



Blema Baer, Neal's aunt, with Andy and Marylynn Gladstein, Silvan Baer, Neal's father, and Dr. Baer



Madeline Abramson with Louisville's newest honorary citizen



JFVS board member Marty Margulis



Dr. Baer with Lowell Katz, M.D., JFVS board president