

Upcoming JFVS Programs

Cancer Support Group - meets at JFVS the 2nd Wednesday of each month at Noon. Please bring your lunch.

Caregiver Support Groups – meet at locations in Jefferson and surrounding counties. One group meets at JFVS the 4th Thursday of the month at 7 p.m. These groups help adult children of aging parents learn about community resources and ways to balance their needs with those of aging relatives.

Macular Degeneration Group - meets at the JCC in the Senior Lounge on Nov. 16 at 12:45 p.m. Dr. Steven Bloom, one of Louisville's leading ophthalmologists, will talk about diseases of the eye.

Networking & Resource Exchange Group - meets at JFVS each Thursday from 11:30 a.m. to 1 p.m. Please bring your lunch. Job seekers will have the opportunity to network as well as learn basic job search skills from an experienced career advisor.

Parenting 911 Workshop: Child Development - Parents of children from birth to 18 months old will meet at the JCC on Nov. 9 from 7 to 8:30 p.m.

Parenting 911 Workshop - Parents will will meet at the JCC Nov. 16 from 6 to 8 p.m. to learn ways to make the holidays more than just gifts, reduce stress, help Jewish children feel comfortable, and create celebrations for interfaith families.

Parkinson Support Group - Friends of and people with Parkinsons will meet at JFVS the 2nd Wednesday of each month at 11 a.m.

Refugee/Immigrant Career Planning - meets at JFVS each Wednesday from 6 to 8 p.m. Nov. 16 through Dec. 21.

Refugee/Immigrant Career Search - meets at JFVS each Thursday from 6 to 8 p.m. Dec. 1 through Jan. 5.

Refugee/Immigrant MicroBusiness Planning - meets at JFVS each Monday from 6 to 8 p.m. Nov. 21 through Feb. 27 (not meeting Dec. 26, Jan. 2, or Jan. 16).

Retirement Support Group - meets at JFVS the 3rd Thursday of the month from 11 a.m. to Noon. Participants will explore and share experiences of retirement while finding ways to enrich it.

SAT Preparation Workshop - meets for winter session at JFVS on Monday evenings Jan. 30 - March 20. The cost for the workshop is \$150 (including textbooks). Limited to 20 students. Register by Jan. 13 for a \$10 discount.

**For More Information
Call JFVS (502) 452-6341**



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SEASONS
The JFVS Newsletter

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JFVS is a non-profit human services organization that has provided services to the general and Jewish communities since 1908. Programs include:

- ♦ Adoption Services
- ♦ Career Management
- ♦ College Advisement
- ♦ Counseling
- ♦ Klein Older Adult Services
- ♦ Multicultural Services

Did You Know in 2004 JFVS helped...

Twenty-seven immigrants received microenterprise training and technical assistance, with 10 involved in business start-ups and 4 strengthening or expanding an existing business.

36 immigrants participated in career planning services. 12 re-entered the profession they practiced before coming to the U.S., 7 completed educational programs and obtained jobs in new careers, and 17 continue to work toward completing their education, including a participant in medical school and 3 in Ph.D. programs.

Twenty individuals from eight grassroots immigrant organizations have received training to become financial skills trainers, and are training members of their communities to negotiate the U.S. financial system.

JFVS Awarded Three Federal Grants for Multicultural Services

October marks the start of a new federal fiscal year, and with it the start of three new or expanded programs for newcomers in our community.

The Small Business Administration awarded JFVS Multicultural Services a grant to provide immigrant microentrepreneurs, owners of very small, often home-based businesses with training and technical assistance. The grant requires that we generate matching support, much of it in the form of volunteer hours contributed by individuals with business expertise willing to spend a little time helping a microentrepreneur through the hurdles of starting a running a business.

The Office of Refugee Resettlement (ORR) once again awarded JFVS a five-year grant to help low-income refugees save money to buy a home, pay for post-secondary education, or start a small business. With assistance from JFVS staff and local financial service providers, grassroots refugee organizations will provide members of their communities with basic financial skills training to help them develop a savings plan and choose a savings goal. Eligible individuals who

complete this training and save their own money will receive matching funds from the government to purchase their asset.

Catholic Charities will provide funds from its formula ORR award to allow JFVS to provide refugees with career development services. During an initial workshop, participants will choose a career goal and develop a career plan. With support from staff and volunteer mentors, they will carry out their plan, then seek employment in their field. While some participants will be returning to the fields they practiced in their native countries, others will be working toward new careers more suited to the local economy.

“These funds will enable JFVS to continue to assist the newest members of our community in their quest to develop the assets that will help them move out of poverty,” said Mary Cleary, Director of Multicultural Services.

In addition to these Federal Grants, JFVS Multicultural Services receives support from The American Express Foundation, The Community Foundation of Louisville, and Metro Louisville Government.

SAVE THE DATE TUESDAY, MARCH 7, 2006 SAVE THE DATE

**Ripped from the Headlines:
Utilizing the Media to Affect Social Change**
Presented by: **Dr. Neal Baer, Executive Producer
Law and Order: SVU**

Luncheon Forum to Benefit
Jewish Family & Vocational Service



Dr. Baer holds masters degrees in Education and Sociology from Harvard Graduate Schools and graduated from Harvard Medical School. Before working in television, he spent a year at the American Film Institute as a directing fellow. As Executive Producer of the NBC television series Law & Order: Special Victims Unit, Dr. Baer takes “personal stories” that he has experienced working in the education and medical fields and presents “public stories” that often mirror the lives of people who walk through the doors everyday at JFVS. During his tenure, the series has won numerous awards and has grown in both critical and popular stature, appearing among the top ten television dramas in national ratings. Prior to his work on SVU, Dr. Baer was Executive Producer of the NBC series ER.

SAVE THE DATE TUESDAY, MARCH 7, 2006 SAVE THE DATE

JFVS is always here throughout every season of your life.



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JFVS is grateful to be a recipient of financial support from many sources including:



From our President...



On October 27th at the Annual Conference of the Center for Nonprofit Excellence, JFVS received the Pyramid Award of Excellence for Diversity sponsored by Fifth Third Bank. The Agency was nominated by National City Bank, one of our partners in multicultural programming. We are proud of our history of diversity, both in whom we serve and the programs that we offer. Multicultural services recently was awarded several federal grants to continue these services which help refugees and immigrants move to financial independence through careers, savings programs and financial literacy.

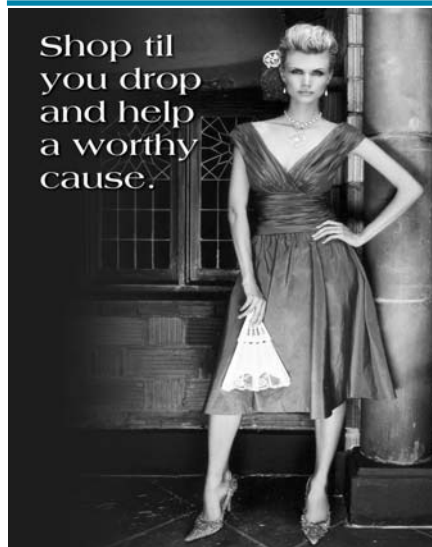
Our Board of Directors is ready to embark on our next strategic planning cycle. Barbara Goldberg is the chair of the strategic planning committee and we look forward to input from Board, staff and community members. JFVS has enacted many of the objectives from the 2003 plan and will continue to use our strategic plan as a blueprint for establishing priorities of services and programs, creating goals, and setting timelines for accomplishing the established objectives.

Thanks go to Howard Markus, a past president of JFVS, for chairing our new Past Presidents' Club, which met in September. Twelve past presidents came to JFVS for lunch and an update on issues facing the agency. The group will meet on an annual basis.

Our Triple Chai membership campaign has been going very well. I appreciate the Board's enthusiasm and participation and want to thank all community members for their support. If you typically wait until the end of the calendar year to make donations, I ask you to remember JFVS and make a membership contribution. We will have a donor thank you in February. I also encourage you to support two major funding sources for JFVS, the Jewish Community Federation and Metro United Way, in their annual campaigns.

Sincerely,

Lowell D. Katz, M.D.



Shop til you drop and help a worthy cause.

From our Executive Director...



Ron Crouch, Director of the Kentucky State Data Center at the University of Louisville presented a training session to the JFVS staff in October. His analysis of census data and demographic trends in Kentucky provided the staff with information that will be used in planning services and programs. Our mission, for nearly 100 years, has been to enhance the quality of life for individuals and families in the community by identifying and responding to their needs. The demographics tell us:

The biggest group of people in the population now is those people between 40 - 58 years of age. This group will live and work longer than previous groups.

The U.S. population is far more diverse and is growing primarily due to immigration. Many positions in the work force are and will be filled by people not born in the United States.

Our definition of the elderly is changing. We are seeing increasing numbers of people in their 60's who are caregivers for their parents in their 80's and up.

At JFVS we are looking at these trends and offering services to address them. Career Services offers a mature worker program designed to help those people over 60 address second or third careers or the impact of retirement. Klein Older Adult Services has an extensive range of programming for caregivers, volunteer opportunities for people over 60, and is positioning itself for the increase in the aging population. Multicultural Services provides refugees and immigrants with career and business training, helping to insure that we have a trained work force. Counseling Services offers support and therapy so that people can adjust to the rapidly changing environment and feel less isolated. For information on any of these services, please contact me at 452-6341 or jftiell@jfvs.com.

Sincerely,

Judy Freundlich Tiell

It's all in the Bling!

A shopping and socializing event at **Rodeo Drive**

2212c Holiday Manor Center
Thursday, November 10, 2005
5:00 - 8:00 p.m.

Wine, Hors d'oeuvres, and Door prizes

Embellishments, details, rich fabrics and colors highlight the fashions for fall and winter. Add the perfect jacket or accessory to update your wardrobe or splurge on the "to die for" outfit.

10% of all sales will be donated to JFVS.

Bring lots of friends.

RSVP to Anita at 452-6341 or beverlybromley@jfvs.com

Bring Light to the Lives of Jewish Families

Become a Hanukkah Helper

Join Temple Shalom and JFVS and become a Hanukkah Helper! This annual project provides Jewish children in our community with new clothing, toys and accessories at Hanukkah. Last year, 32 children received gifts and we expect the same number or more children this year.

Stop by Temple Shalom at 4615 Lowe Road or contact them at 458-4739 to pick up a dreydl, which lists a child's age, size and needs. All gifts with gift receipts or pricetags should be returned to Temple Shalom or to JFVS by Dec. 1. They will be wrapped and distributed before Hanukkah. Each family will also receive a menorah, candles, and food from the JFVS Food Pantry.

If you know of families who could use a little extra help this year, please call Judy Freundlich Tiell at ext. 224.

Your Donations Are Needed

More than 100 Louisville Jewish individuals and families receive items from the JFVS Food Pantry & Emergency Services each year. The following are suggestions of some of the most needed items:

Non-Perishable Food Items: Peanut Butter • Canned Tuna/Salmon • Macaroni/Cheese • Soups • Juices • Tea Bags Breakfast Cereal/Oatmeal • Canned Tomatoes • Canned Stew • Coffee

Paper Goods: Toilet Paper • Tissue Paper • Paper Towels

Toiletries: Shampoo • Soap • Toothpaste • Toothbrush • Deodorant

Cleaning Supplies:

Laundry Detergent • Dish Detergent • Sponges

Please bring your non-expired and unopened donations to JFVS at 3587 Dutchmans Lane.

Past Presidents Pledge Ongoing Support

At a luncheon held on Sept. 15, JFVS past presidents agreed to be emissaries of JFVS, to help when called upon, and to hold annual past presidents events. "As we move forward, JFVS hopes to utilize the experience of our past presidents," said Judy Freundlich Tiell, JFVS Executive Director.



Jane Goldstein, Shelly Weber, Lewis Cole, Steve Shapiro, Shirley Markus, Ed Rohschild, Gail Pohn, Henry Levy, Jim Hertzman, Margie Kohn, Julian Shapero, and Howard Markus.

JFVS Helps Hurricane Victims

As part of the Louisville network of human service providers, JFVS provided counseling and case management for individuals and families temporarily relocated to Louisville and coordinated efforts in the Jewish community. JFVS Board, staff and Pledge 13 volunteers provided meals to families staying at a local shelter on Oct. 16.



Shelley Kahn

Fall Harvest Parade at Four Courts Brings Lots of Smiles

Over twenty families dressed up their children and paraded through the halls of Four Courts Senior Center then joined residence for cookies and crafts on Oct. 30 for the JFVS Fall Family Mitzvah Event. Special thanks to Board member Sally Davis and the Family Mitzvah committee for organizing this event.



Ruth Greenberg and Lore Marx pass out candy to Rachel and Justin Bass, Andrew and Ethan Tuvlin

JFVS Autumn Scrapbook

JFVS Receives the Pyramid Award of Excellence

JFVS received the Pyramid Award of Excellence for Diversity on Oct. 27, at the Annual Conference of the Center for Nonprofit Excellence. The award was sponsored and presented by Fifth Third Bank, a partner with JFVS in multicultural programming.



Kyle Mason (Fifth Third), Mary Cleary (Director of JFVS Multicultural Services), Judy Freundlich Tiell (Executive Director JFVS), Anne Wilhelmus (Fifth Third), Rick Greenberg (Chair JFVS Multicultural Services Committee)



Special thanks to Stock Yards Bank & Trust for sponsoring this issue of *Seasons*. For more information about Stock Yards Bank & Trust, contact Cheryl Carl at (502) 625-9167 or visit their web site at www.syb.com.